



# Growing with Purpose

Our food is sustainably  
sourced, ingredient by  
ingredient, farm by farm,  
choosing what is best for  
all stakeholders - people,  
animals and the land.  
We believe that as our  
business grows, our positive  
environmental impact  
should too.

[eathomegrown.com](http://eathomegrown.com)

Dec 2019



# Breakfast

## Two Fried Eggs Bowl (E, GF)

two pasture-raised fried eggs\*, applewood bacon, harissa home fries, caramelized onions, roasted red peppers, wilted farm greens & chermoula aioli on the side  
**10.95**

## Sunrise Bowl (Vg, D, E, GF)

two pasture-raised fried eggs\*, avocado, roasted tomatoes, feta, cilantro, warm ancient grains, wilted farm greens & carrot lime habanero hot sauce on the side  
**9.95**

## Bacon, Egg & Cheese Sandwich (D, E, GF\*)

applewood bacon, pasture-raised fried egg\*, white cheddar & roasted garlic aioli  
**5.95 half / 10.95 whole**

## Avocado, Egg & Cheese Sandwich (Vg, D, E, GF\*)

avocado, pasture-raised fried egg\*, white cheddar & carrot lime habanero hot sauce  
**4.95 half / 9.45 whole**

# Sides

## Clean Greens (V, GF)

farm greens, cucumbers & lemon avocado vinaigrette  
**3.95**

## Tomato Bisque (Vg, D, GF)

cup **3.95** / bowl **5.95**

## Seasonal Soup

cup **3.95** / bowl **5.95**

**order online - eathomegrown.com**

# Bowls

## Matcha Chicken Avocado (D, GF)

mary's free-range chicken, avocado, feta, cucumbers, cherry tomatoes, warm ancient grains, farm greens & basil lime matcha dressing  
**11.95**

## Farmstead Cobb (D, E, GF)

mary's free-range chicken, blue cheese, pasture-raised egg, applewood bacon, cherry tomatoes, farm greens & lemon avocado vinaigrette  
**13.95**

## Chermoula Roasted Veggie (Vg, D, GF)

moroccan roasted carrots, roasted broccoli, chickpeas, shredded beets, sultanas, feta, cilantro, warm ancient grains, farm greens & lemon chermoula dressing  
**12.95**

## Sonoran (V, GF)

black beans, ancho roasted corn, avocado, pickled red onions, red cabbage, cilantro, warm ancient grains, farm greens & carrot lime habanero dressing  
**10.95**      *with seared grass-fed steak (GF)* **14.95**

## Spicy Braised Tofu (V, S, GF)

braised tofu, roasted broccoli, avocado, red cabbage, warm ancient grains, farm greens, miso lime dressing & sriracha drizzle  
**10.95**

# Kids

## Turkey & Cheese (D, GF\*)

thin-sliced turkey & white cheddar  
half **3.45** / whole **6.90**

## Grilled Cheese (Vg, D, GF\*)

just white cheddar  
half **2.95** / whole **5.90**

# Sandwiches

## Smoked Pastrami (D, GF\*)

smoked pastrami, white cheddar, caramelized onions, smoked aioli & dill pickles  
**whole 12.95 / combo 10.95**

## Grass-fed Steak & Blue (D, GF\*)

grass-fed steak, blue cheese, caramelized onions, roasted garlic aioli & farm greens  
**whole 13.95 / combo 11.95**

## Turkey, Bacon & Avocado (D, GF\*)

thin-sliced turkey, applewood bacon, avocado, white cheddar, roasted garlic aioli & farm greens  
**whole 12.95 / combo 10.95**

## Za'atar Smashed Chickpea (V, GF\*)

za'atar smashed chickpeas, shredded beets, avocado, cucumbers, pickled red onions, cilantro, lemon harissa tahini & farm greens  
**whole 10.95 / combo 9.95**

## Chicken Pesto (N, GF\*)

mary's free-range chicken, basil almond pesto, roasted red peppers, roasted garlic aioli & farm greens  
**whole 11.95 / combo 10.45**

## Chicken Cherry Pecan (N, GF\*)

chicken salad made with mary's free-range chicken, tart dark cherries, toasted pecans, celery & fresh herbs, topped with farm greens  
**whole 11.95 / combo 10.45**

## Broccoli Melt (Vg, D, GF\*)

white cheddar, smoky roasted broccoli, caramelized onions, chermoula aioli & farm greens  
**whole 10.95 / combo 9.95**

## Allergens & Special Diets

Vg	vegetarian	N	contains nuts
V	vegan	GF*	available gluten-free
D	dairy	GF	served gluten-free
E	contains egg		(all gluten-free items are
S	contains soy		made on shared equipment)

\* undercooked ingredients may pose risks to your health

All of our breads, aiolis & dressings are 100% plant-based